

BODY TREATMENTS

60 MINUTES facials include a hand and arm massage.

75 MINUTES include a hand massage plus choice of scalp or foot massage.

HONEY MELT RITUAL

Designed to hydrate and nourish skin, exotic nuts oils gently exfoliate the body before a moisturizing honey masque is applied and massaged into skin with warm stones. (60 MINUTES – f\$210)

BODY POLISH

A relaxing all-over body exfoliation and layering of richly nourishing products, to leave the mind energized and the skin looking radiant and feeling wonderfully smooth. (30 minutes – f\$100.00)

AWAKEN

The sea is a reservoir of well-being and beauty. Our intense purifying wrap uses natural sea salts. Dead Sea mud and essential oils tailored to treat the body systems with a warming and cooling effect to detoxify, slenderize, demineralize and revitalize. (90 minutes – f\$280.00)

HERBAL BODY DETOX

Lighten the load of stress and environmental factors while boosting circulation, stimulating metabolism and ridding the body of harmful toxins. Your body is gently massaged with a warm Fijian herbal ball, exfoliating dead skin cells and leaving your skin rejuvenated. (90 minutes – f\$292.00)

DILO RENIU'AL / SUN COOLING WRAP

A cooling wrap of dilo oil and aloe vera is gently applied over the whole body with a cool towel to soothe the skin and give comfort by easing away the painful effects of too much sun. (60 minutes – f\$155.00)

FACIAL TREATMENTS

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75 MINUTES include a hand massage plus choice of scalp or foot massage.

RESTORATION - HYDRA MARINE RITUAL

(hydration)

*A moisture boosting delight for all skin types but particularly dehydrated skin. Delivers intense and lasting hydration. A powerful antidote to the effects of travel and environmental stress. Leaves the skin rehydrated, its texture improved and the complexion smooth, plump and radiant. (60 minutes – f\$217.00)

SILICIUM SUPER-LIFT TREATMENT 45+ (ANTI-AGING)

Dare to defy time with this super lift facial, designed to combat all the signs of ageing, loss of firmness and pronounced wrinkles. A duo of masks, (collagen and a super-lifting mask), are applied to fill deeper wrinkles and lift and contour the face and neck. Your complexion will glow, lines will be less noticeable, and your skin firmer. (75 minutes – f\$237.00)

PURITY FACIAL

Created to purify the skin with natural cleansing elements such as pure algae and marine extracts, leaves you fresh faced and radiant. (60 minutes – f\$217.00)

RENEWAL - EXTREME COMFORT RITUAL (VERY DRY SKIN)

A haven of comfort for dry skin. Concentrates, rich in algae extracts and replenishing oils, are gently infused to counteract the signs of dryness. Leaves the skin soft, soothed and restores comfort to dry or very dry skin. A moment of pure delight. (60 minutes – f\$217.00)

TRANQUILITY - COCOONING MARINE RITUAL

(sensitive skin)

The SOS treatment for sensitive, fragile or reactive skin. A repairing serum of infusions of soothing plant extracts including witch hazel and chamomile, banish irritation and redness. Shielding your skin from external aggression and irritation. Your skin is left fresh and luminous, with redness visibly reduced. Gentle back massage. (60 minutes – f\$217.00)

SERENITY FOR MEN OCEAN FACIAL

This high-tech facial for stressed male skin combines energising marine active ingredients, with relaxing massage movements, diffusing them directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance and signs of tiredness are erased. (75 minutes – f\$217.00)

Welcome to Tokoriki Retreat Spa at Sheraton Resort & Spa, Tokoriki Island, Fiji. With a wide range of indulgent treatments inspired by our location, the Tokoriki Retreat Spa is the perfect setting for spiritual healing and sensory pleasure. Our range of services, either for individuals or for couples, will assist you to ascend into total renewal and escape into ultimate relaxation.

Thalgo Marine Spa and Beauty treatments are renowned for their incredible results. World leader and originator of the marine spa and beauty trend, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalizing and rebalancing properties vital for health and well-being. Facials offer spectacular results in anti-ageing, hydrating, purifying and treat virtually any concern. All Thalgo facials begin with the “Discovery of the Sea” massage to ease tensions and immerse you in a relaxing aquatic cocoon. For best results, Thalgo recommends a course which can be tailored to your stay in conjunction with the accompanying homecare range to continue effectiveness.

Award winning and locally produced, Pure Fiji passionately advocates the simple belief of creating products in a natural state. Pure Fiji brings you the best of traditional blends for today’s natural bath and body care.

MASSAGE

Our therapists are certified in a variety of massage and therapeutic techniques, so please inquire if interested in additional modalities.

✦TOKORIKI RETREAT SIGNATURE MASSAGE

A massage tailored to your specific needs. A heated compress invites back muscles to relax and ease before a relaxing massage leaves you physically rested and mentally uplifted. Renewal comes from the harmonious balance of scent and touch. (60 minutes – f\$167.00 or 90 minutes – f\$225.00)

PEACE MASSAGE

Designed for the active individual, this full body massage uses Swedish technique with deep tissue and direct pressure massaging to release muscle tension and soreness, promoting wellness. (60 minutes – f\$177.00 or 90 minutes – f\$233.00)

RENAISSANCE MASSAGE

Massage created to energize, stimulate and inspire using various modalities to reduce tension, soothe sore muscles and to increase circulation, promoting total relaxation and wellbeing. (60 minutes – f\$167.00 or 90 minutes – f\$225.00)

FIJI BOBO MASSAGE

This unique massage will provide you with a little history and culture of Fijian healing practice. This traditional massage, passed down for generations, brings you the touch and scent of Fiji to enhance deep relaxation and rejuvenation. Balance is restored with a healing touch. (60 minutes – f\$167.00 or 90 minutes – f\$225.00)

ULTIMATE PREGNANCY MASSAGE

Relieve tired muscles with a massage designed especially for mums to be. Massage is performed while you lie on your side with pillows placed for extra comfort, leaving you feeling heavenly relaxed and renewed. (60 minutes – f\$167.00)

WARM SEA SHELL

Experience a unique Fijian ritual of warm seashell massage combined with bliss oil to melt away tension, restore balance and increase positive energy flow bringing your body and mind into harmonious balance. A truly unique experience. (60 minutes – f\$200.00).

WRAPTURE

World renowned hot stone body ritual by Thalgo Sea and Senses, smooths the skin using gentle sea salt and nutrient rich marine algae. The skillful use of 40 volcanic stones combined with unique massage profoundly relaxes and renews the skin. Cool marine stones cascade to awaken and re-energize. (90 minutes – f\$250.00)

COUPLES INDULGENCE EXPERIENCE

Enjoy a perfect romantic relaxing massage side by side in the tranquil surrounds of our couples room. Commence the indulgence experience in your own private outdoor shower with soothing music to take you both away from it all. (60 minutes treatment includes a 15 minutes body polish with outdoor shower and 45 minutes massage – f\$350.00)

HANDS AND FEET

ORANGE BLOSSOM MANICURE

Precious and expressive, your hands deserve to be nourished and pampered. This true spa treatment for hands combats all of the signs of ageing. The skin is exfoliated and treated with AHA perfecting masque, leaving it deeply nourished. (60 minutes – f\$113.00)

PARADISE PEDICURE

Balance is restored to your feet with a coconut milk cleanse followed by an exfoliation. While your feet are wrapped in a nourishing warm honey wrap, your experience will be enhanced with a body butter leg massage. (60 minutes – f\$130.00)

ESSENTIAL FINGERS

Reshape the nails, clean up the cuticles and massage moisture into the hands. Finish with a fresh coat of enamel. (45 minutes – f\$82.00)

ESSENTIAL TOES

Feet are soaked and gently exfoliated; cuticles perfected and nails shaped, buffed and polished. (45 minutes – f\$96.00)

BEAUTY SERVICES

LADIES’ WAXING -

Brow shape	f\$33.00
Lip & Chin	f\$50.00
Underarm	f\$38.00
Bikini/Speedo	f\$68.00
Brazilian	f\$120.00
Half leg	f\$70.00
Full leg	f\$90.00

MENS’ WAXING -

Back	f\$70.00
Chest	f\$70.00

TINTING

Lash Tint	f\$45.00
Brow Tint	f\$32.00