

BRIDAL SERVICES

Our qualified Hairstylists with years of experience will pamper you on any special occasion:

Hair styling (f\$205.00)	ESPECIALLY FOR BRIDES Personalize your look on your special day and achieve the bridal image you’ve always dreamed of. Includes bridal up styling, bridal make up, setting of your tiara or veil plus extra personal touches to bring out your inner beauty. (105 minutes – f\$375.00)
Make-up (f\$165.00)	
Flower Girl's Hair from (f\$98.00)	
ADDITIONAL HAIR SERVICES Hair straightening (straightening iron – f\$45.00)	BRIDAL ENHANCEMENT : Enjoy your Bridal services in the comfort of your own room. (Surcharge f\$65.00 per person)

BRIDAL BLISS
For all Brides who want to be pampered and look radiant on their special day. Start your blissful journey with our Signature Revive Facial followed by a bridal hair styling and make-up. Tailored to suit your needs.
(150 minutes – f\$510.00)

DISCOVER A NEW YOU PACKAGES

All packages tailored for HIM or HER

PACKAGE ONE:
Skin is smoothed, muscles released and thoughts uplifted with an energizing scrub followed by a Tokoriki Retreat Signature Massage.
(90 minutes – f\$330.00)

PACKAGE TWO:
A rejuvenating package featuring a full one hour body massage and a revitalizing facial tailored to your skin type with scalp massage.
(135 minutes – f\$405.00)

PACKAGE THREE:
A head to toe makeover to kick start your relaxation journey. An energizing scrub to create silky smooth skin, continued with our signature specialized facial tailored to suit your skin, finishing with essential fingers and toes. During your relaxation journey, light refreshments including a fruit platter and herbal tea are available.
(195 minutes – f\$605.00)

PACKAGE FOUR:
Pamper your skin, body and mind with uplifting treatments that restore a sense of balance and well-being. Start your day with a Honey Melt Ritual to hydrate and nourish skin, followed by a 60 minute Retreat massage leaving you physically rested and mentally uplifted. A short refreshment break with an elixir drink to quench your thirst and nourish your body, then resume your treatment to discover a new you with a specialized Thalgo facial, finishing with a Hand and Foot ritual.
(255 minutes – f\$999.00)

HOW TO RECEIVE FULL BENEFITS OF TOKORIKI RETREAT SPA TREATMENTS

RESERVATIONS
Reservations on day of service and walk-in appointments are always welcome. We encourage our guests to schedule their appointments in advance to ensure preferred treatment or therapist availability. All reservations must be secured with a major credit card and telephone/room number. To make a reservation, please book through the Concierge Department or visit us directly.

SPA HOURS' OF OPERATION
Daily from 8 am - 8.30 pm. First service to begin at 8.15 am and last 60 minutes service will begin at 7.00pm. Sheraton Fitness is open 24 hours daily and is accessible by guestroom key or complimentary for the day with a spa reservation. Spa hours’ of operation are subject to change.

HEALTH CONCERNS
Please inform our Spa Experience Consultant of any health issues. If you are pregnant, have cancer or other significant health concerns, this information will help us properly advise you of the best service you can receive.

CANCELLATION POLICY
We require six hours’ notice for changes, rescheduling or cancellations for our a la carte services and a 24 hour notice for services that are part of the package. The full price of your service(s) will be charged for all late cancellation, rescheduling or no shows. Please keep in mind that arriving late for a spa service may require us to shorten the length of the treatment with full charges applied, so as to not inconvenience other guests.

SERVICE CHARGE AND GRATUITIES
All prices are inclusive of 25% VAT and Service Turnover Tax, and are subject to change without notification. No other fee or charge is a tip, gratuity or service charge for any employee. Additional gratuities may be given at your discretion for exceptional service.

SHOWER
A quick shower just before your massage or treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products. Your therapist will usher you to your treatment bure (room).

TOKORIKI RETREAT SPA
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COMMUNICATION
Prior to the start of your service, tell your therapist the areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting the full benefit from your Tokoriki Retreat Spa experience.

TAKE TIME
Give yourself plenty of me to enjoy warm shower prior to your services. This will relax and warm the muscles, aiding in the therapeutic benefits of all treatments and services. We suggest arriving 15 minutes prior to your first service. Respect yourself and others by turning off communication devices prior to entering the spa, locker rooms and treatment areas. All personal belongings should be locked in your hotel room safe as the spa will not take responsibility for misplaced or lost items.

TREATMENT ATTIRE
Unless the service description specifies otherwise, it is usually customary to wear just your robe to your service. You will be given the opportunity to disrobe and cover yourself in privacy. Throughout your services, your body will be draped with linens for modesty. At no time during your treatment will you be fully exposed.

GIFT CERTIFICATES
Give the gift of priceless serenity and stress relief to someone you care about – this is a delightful way to introduce someone to the benefits of spa services. Tokoriki Retreat Spa gift certificates are perfect for any occasion and are available in \$10.00 increments. Gift vouchers cannot be redeemed on retail products.

AGE REQUIREMENTS
Guests of the Tokoriki Retreat Spa must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. A parent or guardian will need to be present when minors between 16 -18 receive services or use the amenities. Salon treatments are available for guests under 16 with parental supervision.

PERSONAL VALUABLES
We request that all valuables must be stored in your guest room prior to arrival at the Spa. Sheraton Resort & Spa, Tokoriki Island and the Tokoriki Retreat Spa will not be responsible for lost, stolen or misplaced items. Our hours’ of operation and service prices are subject to change without notification. Our Spa Experience Consultants will assist you with any inquiries you may have at the time of your reservation.



Awaken Your Senses

All prices are inclusive of 25% Government taxes.
For reservations, please contact the spa to schedule your appointments. We require 6 hours’ notice for changes or cancellations.

BODY TREATMENTS

60 MINUTES facials include a hand and arm massage.
75 MINUTES include a hand massage plus choice of scalp or foot massage.

HONEY MELT RITUAL
Designed to hydrate and nourish skin, exotic nuts oils gently exfoliate the body before a moisturizing honey masque is applied and massaged into skin with warm stones.
(60 MINUTES – f\$260)

BODY POLISH
A relaxing all-over body exfoliation and layering of richly nourishing products, to leave the mind energized and the skin looking radiant and feeling wonderfully smooth.
(30 minutes – f\$125.00)

AWAKEN
The sea is a reservoir of well-being and beauty. Our intense purifying wrap uses natural sea salts. Dead Sea mud and essential oils tailored to treat the body systems with a warming and cooling effect to detoxify, slenderize, demineralize and revitalize.
(90 minutes – f\$350.00)

HERBAL BODY DETOX
Lighten the load of stress and environmental factors while boosting circulation, stimulating metabolism and ridding the body of harmful toxins. Your body is gently massaged with a warm Fijian herbal ball, exfoliating dead skin cells and leaving your skin rejuvenated.
(90 minutes – f\$365.00)

DILO RENIU'AL / SUN COOLING WRAP
A cooling wrap of dilo oil and aloe vera is gently applied over the whole body with a cool towel to soothe the skin and give comfort by easing away the painful effects of too much sun.
(60 minutes – f\$195.00)

FACIAL TREATMENTS

60 MINUTES facials include a hand and arm massage.
75 MINUTES include a hand massage plus choice of scalp or foot massage.

RESTORATION - HYDRA MARINE RITUAL
(hydration)
*A moisture boosting delight for all skin types but particularly dehydrated skin. Delivers intense and lasting hydration. A powerful antidote to the effects of travel and environmental stress. Leaves the skin rehydrated, its texture improved and the complexion smooth, plump and radiant.
(60 minutes – f\$270.00)

SILICIUM SUPER-LIFT TREATMENT 45+ (ANTI-AGING)
Dare to defy time with this super lift facial, designed to combat all the signs of ageing, loss of firmness and pronounced wrinkles. A duo of masks, (collagen and a super-lifting mask), are applied to fill deeper wrinkles and lift and contour the face and neck. Your complexion will glow, lines will be less noticeable, and your skin firmer.
(75 minutes – f\$295.00)

PURITY FACIAL
Created to purify the skin with natural cleansing elements such as pure algae and marine extracts, leaves you fresh faced and radiant.
(60 minutes – f\$270.00)

RENEWAL - EXTREME COMFORT RITUAL (VERY DRY SKIN)
A haven of comfort for dry skin. Concentrates, rich in algae extracts and replenishing oils, are gently infused to counteract the signs of dryness. Leaves the skin soft, soothed and restores comfort to dry or very dry skin. A moment of pure delight.
(60 minutes – f\$270.00)

TRANQUILITY - COCOONING MARINE RITUAL
(sensitive skin)
The SOS treatment for sensitive, fragile or reactive skin. A repairing serum of infusions of soothing plant extracts including witch hazel and chamomile, banish irritation and redness. Shielding your skin from external aggression and irritation. Your skin is left fresh and luminous, with redness visibly reduced. Gentle back massage.
(60 minutes – f\$270.00)

SERENITY FOR MEN OCEAN FACIAL
This high-tech facial for stressed male skin combines energising marine active ingredients, with relaxing massage movements, diffusing them directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance and signs of tiredness are erased.
(75 minutes – f\$270.00)

Welcome to Tokoriki Retreat Spa at Sheraton Resort & Spa, Tokoriki Island, Fiji. With a wide range of indulgent treatments inspired by our location, the Tokoriki Retreat Spa is the perfect setting for spiritual healing and sensory pleasure. Our range of services, either for individuals or for couples, will assist you to ascend into total renewal and escape into ultimate relaxation.

Thalgo Marine Spa and Beauty treatments are renowned for their incredible results. World leader and origina-tor of the marine spa and beauty trend, Thalgo harnesses the riches of the sea so you can benefit from power-ful healing, revitalizing and rebalancing properties vital for health and well-being. Facials offer spectacular results in anti-ageing, hydrating, purifying and treat virtually any concern. All Thalgo facials begin with the “Discovery of the Sea” massage to ease tensions and immerse you in a relaxing aquatic cocoon. For best results, Thalgo recommends a course which can be tailored to your stay in conjunction with the ac-companying homecare range to continue effectiveness.

Award winning and locally produced, Pure Fiji passionately advocates the simple belief of creating products in a natural state. Pure Fiji brings you the best of traditional blends for today's natural bath and body care.

MASSAGE

Our therapists are certified in a variety of massage and therapeutic techniques, so please inquire if interested in additional modalities.

✦**TOKORIKI RETREAT SIGNATURE MASSAGE**
A massage tailored to your specific needs. A heated compress invites back muscles to relax and ease before a relaxing massage leaves you physically rested and mentally uplifted. Renewal comes from the harmonious balance of scent and touch.
(60 minutes – f\$210.00 or 90 minutes – f\$280.00)

PEACE MASSAGE
Designed for the active individual, this full body massage uses Swedish technique with deep tissue and direct pressure massaging to release muscle tension and soreness, promoting wellness.
(60 minutes – f\$220.00 or 90 minutes – f\$290.00)

RENAISSANCE MASSAGE
Massage created to energize, stimulate and inspire using various modalities to reduce tension, soothe sore muscles and to increase circulation, promoting total relaxation and wellbeing.
(60 minutes – f\$210.00 or 90 minutes – f\$280.00)

FIJI BOBO MASSAGE
This unique massage will provide you with a little history and culture of Fijian healing practice. This traditional massage, passed down for generations, brings you the touch and scent of Fiji to enhance deep relaxation and rejuvenation. Balance is restored with a healing touch.
(60 minutes – f\$210.00 or 90 minutes – f\$280.00)

ULTIMATE PREGNANCY MASSAGE
Relieve tired muscles with a massage designed especially for mums to be. Massage is performed while you lie on your side with pillows placed for extra comfort, leaving you feeling heavenly relaxed and renewed.
(60 minutes – f\$210.00)

WARM SEA SHELL
Experience a unique Fijian ritual of warm seashell massage combined with bliss oil to melt away tension, restore balance and increase positive energy flow bringing your body and mind into harmonious balance. A truly unique experience.
(60 minutes – f\$250.00).

WRAPTURE
World renowned hot stone body ritual by Thalgo Sea and Senses, smooths the skin using gentle sea salt and nutrient rich marine algae. The skillful use of 40 volcanic stones combined with unique massage profoundly relaxes and renews the skin. Cool marine stones cascade to awaken and re-energize.
(90 minutes – f\$310.00)

COUPLES INDULGENCE EXPERIENCE
Enjoy a perfect romantic relaxing massage side by side in the tranquil surrounds of our couples room. Commence the indulgence experience in your own private outdoor shower with soothing music to take you both away from it all.
(60 minutes treatment includes a 15 minutes body polish with outdoor shower and 45 minutes massage – f\$435.00)

HANDS AND FEET

ORANGE BLOSSOM MANICURE
Precious and expressive, your hands deserve to be nourished and pampered. This true spa treatment for hands combats all of the signs of ageing. The skin is exfoliated and treated with AHA perfecting masque, leaving it deeply nourished.
(60 minutes – f\$140.00)

PARADISE PEDICURE
Balance is restored to your feet with a coconut milk cleanse followed by an exfoliation. While your feet are wrapped in a nourishing warm honey wrap, your experience will be enhanced with a body butter leg massage.
(60 minutes – f\$165.00)

ESSENTIAL FINGERS
Reshape the nails, clean up the cuticles and massage moisture into the hands. Finish with a fresh coat of enamel.
(45 minutes – f\$105.00)

ESSENTIAL TOES
Feet are soaked and gently exfoliated; cuticles perfected and nails shaped, buffed and polished.
(45 minutes – f\$120.00)

BEAUTY SERVICES

LADIES’ WAXING -	
Brow shape	f\$45.00
Lip & Chin	f\$65.00
Underarm	f\$50.00
Bikini/Speedo	f\$85.00
Brazilian	f\$150.00
Half leg	f\$85.00
Full leg	f\$110.00

MENS’ WAXING -	
Back	f\$90.00
Chest	f\$90.00

TINTING	
Lash Tint	f\$55.00
Brow Tint	f\$40.00